

Origins

#1

Fall 2015

the Zoe courageous



Zoe The Courageous

Age: 13

Hair: Dark Purple

Ethnicity: African American and Latina American

Distinguishing Features: Beautiful eyes, chubby hips and thighs, adorable round face

Super Powers: Self-love, helping others see how beautiful they are

Self Esteem Triggers:
Being called fat. People making fun of her size

Favorite Artist/Band: Beyonce

Favorite Subject: Reading

Favorite Book: I Am Malala

Hobby: Fashion, martial arts, and dancing

Future Career: Fashion designer with a focus on ALL bodies

Quote:
You are beautiful ...
and so am !!!!



Can I be beautiful
when I look different
than the other
girls?





Zoe was so excited when the school play came around. For a little bit, she could be someone else!



RRRIIPPPP



Later that day in the principal's office..

I want something done about this! There is no reason my daughter should be singled out like that at school!!

Kids will be kids.
They all get teased about something.

Zoe knew what the principal said wasn't true. No one got **teased** like her.

Mama, maybe I should join a gym or something. You know, try and lose some weight.

Listen, I worked for years on my feet on a factory floor. All that exercise never helped me lose weight. Exercise won't make the other kids stop making fun of you. You don't need to look like all those other girls.

You just need to be healthy. It doesn't matter what the other kids say.



But they're so mean.



They're the ones who are wrong, and they are the ones that have to change. I'm sorry they're being nasty to you, but maybe we can give you some tools to cope...




Zoe was surprised when her mother brought her to a gym the next day anyway.


What kind of gym is this?

So you've come to learn karate,
You will love it!


To her surprise, Zoe did. Her shape and her size meant that she was very hard to knock down....



and as she continued taking the
classes, she could feel herself get
stronger...



She loved sparring, and
she loved kata...



She learned how to control
her strength and speed.

Then, as class ended one day, Zoe noticed some girls coming in.



Who are they?

This studio supports many different disciplines. That is a belly dance class.





They both took the class. Every Monday, Zoe would change from her martial arts uniform straight into her dance clothes...



...and for an hour, she would spin and stomp, shake her shoulders and spin around.



That spring, Zoe and her mother took part in a dance recital at the park. Zoe was so excited to show off her round body and her dance moves.



As Zoe stood on the stage in her beautiful outfit, she caught a glimpse of another girl in the audience. The other girl had a round face, and Zoe would have bet that she had a round belly, too.



The girl watched her with big eyes, and Zoe knew that after the performance, she would go talk to her.

Be brave, she would say. There's more than one way to be beautiful, and there are so many ways to be courageous.



Zoe would make sure the girl knew that no matter what other people say...

You are beautiful...

and so am I!!



Up Next!!
MacktheWhiz

About the APMGs Series

Girls have superpowers! In our Awesome Perfectly Me Girls comic series, these seemingly ordinary girls reveal their extraordinary powers. They show you how fun it is to be a girl with unique beauty and talent. Keisha, Mack, Zoe and the rest of the gang will teach you how to discover your strengths; your own rainbow so you can shine just like them.

Did you enjoy this story? We bet you learned some fun tips and tricks about becoming a superhero. Now sit tight as the rest of the Awesome Perfectly Me Girls share their amazing adventures! Read all the stories and share them with your friends. Discover your super powers while reading the **Awesome Perfectly Me Girls** comic series.

For more info on the APMGs, visit
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